



PLASTIC SURGERY AUSTIN
Sanjay K. Sharma, M.D., F.A.C.S.

Botox Aftercare Instructions:

- Do not rub or massage sites or have any facial treatments for at least 24 hours after your Botox treatment.
- Do not lie down or do strenuous exercise for 4 hours after treatment.
- You may experience stinging at the injection site for 10-15 minutes. Any tiny bumps will go away within a few hours after your Botox treatment.
- Occasional bruising may occur. This will clear up within 7-10 days.
- Some patients develop a headache, which can be treated with Tylenol. Other anti-inflammatories may increase bruising and should be avoided. Headaches usually last less than 24 hours.
- After Botox is placed into the targeted muscles, the weakening effect gradually begins after 3-5 days and is not complete for two weeks. Therefore, optimal results are not seen for at least two weeks.
- Anti-wrinkle injections are a temporary procedure and at first you may find that your treatment results will last approximately 3 to 4 months. If you maintain your treatment appointments with the frequency recommended, the results of each treatment may last longer than 4 months.
- If this is your first Botox treatment in our office, please schedule a 2-3 week follow-up appointment.

If you have any questions or concerns, please call our office at 512-324-2765!

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